

FOOD



Word Search

- POWER
- PROTEIN
- LESSONS
- LEARN
- VEGETABLES
- DAIRY
- SUGAR
- GRAINS
- PASTA

V E G E T A B L E S
 Q G B Q F Z S P W U
 W R V Y A P P O D G
 A A J Y G R A W A A
 F I B K L O S E I R
 T N M W E T T R R Y
 O S W V A E A J Y G
 Z U K Y R I H O Q B
 A H E Y N N I T A H
 X P L E S S O N S T

Colour me in!



Match the food to what group they come from

- | | |
|--------------|---------|
| Carbohydrate | Chicken |
| Protein | Apples |
| Vegetable | Pasta |
| Grains | Milk |
| Dairy | Carrots |
| Sugar | Bread |

SPOT THE PENCILS

How many pencils can you find?
 Write your answer here



Name: _____

Class: _____