



# trustwellbeing

## introducing...



Demand for children's mental health and emotional wellbeing services in the UK are at an all time high. Worryingly, mental health funding is at an all time low.

We believe that children, young people and their families deserve good mental health most of the time and fast access to appropriate support when they don't.

trustwellbeing is our response to this crisis, giving families and individuals access to therapeutic support when they need it and where they can and want to pay.



trustwellbeing offers a range of therapeutic support services for children and young people aged 5 to 25. Parents, carers and siblings can get support too.

Online and telephone-based services are available regionally and nationally and, in person, at specific locations in Kirklees. Sessions are available during the day, evenings and weekends.

5 children in a classroom of 30 are likely to have a mental health challenge.



trustwellbeing has a whole organisational approach to mental health and emotional wellbeing. This is why we provide consultancy, training and advice for community organisations, health, social care and educational professionals too.

Organisations can purchase therapeutic services for children and young people in their care.

Counselling and therapeutic support can also be purchased for professionals and other adults who are helping children and families deal with mental health challenges.



trustwellbeing is already open for business. Counselling is available to book online via our website and additional therapeutic services will be added in the coming months.

Our education and community services, specifically training courses and free network meetings will be available to book online from 24th April.

"My son felt comfortable with his counsellor which made it easier for him to open up."



trustwellbeing is part of Northorpe Hall Child and Family Trust, a charity specialising in the emotional wellbeing of children, young people and their families.

In line with our charitable aims, profits from trustwellbeing will, over time, provide free and subsidised therapeutic services for children, young people and families who are unable to pay.

Find out more at:

[www.trustwellbeing.org.uk](http://www.trustwellbeing.org.uk)