



Are you an adult
with ADHD
or a parent/carer of a
child with ADHD?

Do you suspect
that you or your child
may have ADHD?

**Would you like to meet people in a
similar situation for a chat and informal
support?**

We run regular daytime and evening groups.
See reverse for 2022 face to face dates.

We also run Zoom sessions and holiday
and weekend activities for children.
Details of these are posted on our
Facebook page as they are arranged.

Find us on Facebook at
West Yorkshire ADHD Group Chat
and send us a private message
or email
support@wyadhd.co.uk

Daytime Group

Children welcome

10am-12 noon

Sensory World Playcentre
Old Westgate
Dewsbury

2022 dates

Saturday 8 January

Thursday 17 February

Saturday 12 March

Thursday 21 April

Saturday 14 May

Thursday 16 June

Saturday 16 July

Tuesday 16 August

Saturday 17 September

Thursday 27 October

Saturday 19 November

Thursday 15 December

Evening Group

Over 18's only

7-9pm

Pinderfields Hospital
Floor E, Gate 47
Room 170

2022 dates

Tuesday 4 January

Tuesday 1 February

Tuesday 1 March

Tuesday 5 April

Tuesday 3 May

Tuesday 7 June

Tuesday 5 July

Tuesday 2 August

Tuesday 6 September

Tuesday 4 October

Tuesday 1 November

Tuesday 6 December