

# GROW TO SCHOOL

## How to grow... CARROTS



### Sowing carrots



Prepare soil by digging with a trowel. It needs to be light and fluffy and must be free of any lumps, bumps or stones.



Carrot seeds are very small so sprinkle them like salt over your freshly dug soil.



Cover the seeds with 1cm of soil and water with a watering can and rose.

### Caring for carrots



Water every other day in hot weather.



When all the seedlings are about 10cm tall use scissors to cut off smallest ones and leave room for the big carrots to grow. Leave about 5cm between each carrot.

### Harvesting carrots



After about 4 months, your carrots will be ready to harvest. Take a firm hold of the green leaves and pull straight up. If soil is very dry water first.



Store in a cool, dark dry place until ready to eat.