



# CHOCOLATE CRISPY BUNS



Crispy buns are a fun activity using 'treat' foods however the amount of chocolate per one serving is significantly less than offering a chocolate bar or chocolate egg

## INGREDIENTS

Makes 12

- 100g milk or dark chocolate, broken into chunks
- 100g cornflakes/high fibre cereal

## DIRECTIONS:

- **Children:** Weigh out the ingredients. Older children can do this by themselves with supervision and little ones can help to pour or spoon ingredients into the weighing scales. Put 100g milk or dark chocolate, broken into chunks in a microwavable bowl. Put 100g cornflakes in another large bowl.
- **Grown ups:** Melt the chocolate by placing the microwavable bowl over a saucepan of hot water melt on over a low heat or place briefly in the microwave. Allow to cool a little before pouring over the cornflakes.
- **Children:** Stir the ingredients together gently using a wooden spoon. Spoon the mixture into 12 cupcake cases and refrigerate until set

